



Texas Elite Baseball Association

TEBA

Standing Rules

Spring 2024

dfwteba.com

STANDING RULES

1. GENERAL RULES

- 1.1. Local Association ground rules apply first, preceding TEBA rules
- 1.2. NFHS are foundational, with exceptions below:
 - 5 Runs per inning for 14U and below*
 - 7 Runs per inning for 15U and up*
 - No Slashing (slash bunting) for 13U and below
 - Teams must bat entire roster for 12U and below
 - No penalty or out is applied if a player is removed from game due to injury or illness
 - Free Substitution when batting entire roster for 13U and up

* If a ball is put in play and the fifth/seventh run is scored, time shall not be called by a coach or umpire. Play out the live ball until all base runners are no longer advancing to the next base. Five/Seven run max still applies
- 1.3. Base distances
 - 1.3.1. 7U & 8U - 60ft bases
 - 1.3.2. 9U & 10U - 65ft bases
 - 1.3.3. 11U & 12U - 70ft bases
 - 1.3.4. 13U - 80ft bases
 - 1.3.5. 14U+ - 90ft bases
- 1.4. NFHS Bat Rules 1.15bpf apply
- 1.5. Coach Pitch at bats:
 - 1.5.1. Batter shall receive 6 pitches or three strikes. A foul ball (not caught) on the sixth pitch shall not be counted as a swing. The batter will continue to bat on a sixth pitch foul ball until the ball is put in play or the batter swings and misses. The batter is declared out on a foul tip caught by the catcher.
- 1.6. Run Rules
 - 15 runs after 4 innings
 - 10 runs after 5 innings
- 1.7. Teams must upload copies of rosters at the start of the season and carry proof of insurance to each game.

- 1.8. Mound visits will remain 2 per inning, with a second visit to the same pitcher in the same inning resulting in a pitching change.
- 1.9. Host city team head coach to post scores to website within 24-hours of completion of games.
- 1.10. Time Limits
 - **8U** 1:15 time limit
 - **9U** 1:30 time limit
 - **10U** 1:30 time limit
 - **11U** 1:30 time limit
 - **12U** 1:30 time limit
 - **13U** 1:45 time limit
 - **14U** 1:45 time limit
 - **15U+** 1:45 time limit

2. EJECTIONS

- 2.1. If a head coach, assistant coach, player, or fan is ejected during a TEBA game, the head coach of the offending team must report the ejection to their Association TEBA Representative within 24-hours.

The Association TEBA Representative then reports the ejection to TEBA Director within 24-hours.

Ejections are subject to an automatic suspension of the offender for the next TEBA event (2 games). The next TEBA event does not include the event for which the offender was ejected.

Appeals to the automatic suspension can be filed by email through your Association TEBA Representative. Appeals are reviewed by the TEBA Ejection Review Board (TEBA Director, Association TEBA Representative, TEBA Grievance Representative and Umpire in Charge for the game in question). The TEBA Ejection Review Board will make the final call on upholding or rescinding the suspension.

If further disciplinary action is warranted, all association TEBA reps will be given detail of the ejection and asked for their vote on specific disciplinary actions.

Unreported ejections will result in a minimum one-game suspension for the head coach of the offending team.

3. RAINOUT RESCHEDULE PROCESS

- 3.1. In the event of field closure due to inclement weather, the HOME team coach will contact the AWAY team coach - by phone call or text - as soon as field closure is announced. All coach contact information is available on the TEBA Master Document.

HOME team notifies their association TEBA rep who updates the website to reflect the game(s) as a 'rainout'.

Following their association procedure, HOME team coach provides AWAY team coach with possible reschedule dates. When mutually agreed upon date is determined, HOME team coach sends details (date, time, field) to HOME association TEBA rep.

The HOME association TEBA Rep sends reschedule information to TEBA Scheduler who will update the website. Information sent must include rained out game date, time and field as well as agreed upon reschedule date, time and field.

4. GRIEVANCE PROCESS

- 4.1. File a formal grievance by sending an email to *bhead67@yahoo.com*

Required Information

Your name, email address, and phone number

Date, time and location of incident

Type of feedback: Player Ejection, Coach Ejection, Fan Ejection, Verbal Abuse, Umpire issue, or Other (please explain)

Your role: Head / Assistant coach, Umpire, Fan, Player, or Other (please explain).

Incident Details

5. GUEST PLAYERS

- 5.1. Guest Players

If a guest player is needed, coaches shall make every effort to get a player from the same classification or below.

Players from the same age level or below can guest play in TEBA games.

Players from your home association are the only eligible players to include on your roster as a guest player.

PITCHING CHART

The Texas Elite Baseball Association follows the MLB Pitch Smart Guidelines on safety and arm care for all players. The following chart should be followed by every league, coach, parent, and player in regards to pitching availability for each player.

Source: <https://www.mlb.com/pitch-smart/pitching-guidelines>

PITCH COUNT LIMITS AND REQUIRED REST RECOMMENDATIONS

It is important for each league to set workload limits for their pitchers to limit the likelihood of pitching with fatigue. Research has shown that pitch counts are the most accurate and effective means of doing so.

AGE	DAILY MAX (PITCHES IN GAME)	REQUIRED REST (PITCHES)					
		0 Days	1 Days	2 Days	3 Days	4 Days	5 Days
7-8	50	1-20	21-35	36-50	N/A	N/A	N/A
9-10	75	1-20	21-35	36-50	51-65	66+	N/A
11-12	85	1-20	21-35	36-50	51-65	66+	N/A
13-14	95	1-20	21-35	36-50	51-65	66+	N/A
15-16	95	1-30	31-45	46-60	61-75	76+	N/A
17-18	105	1-30	31-45	46-60	61-80	81+	N/A
19-22	120	1-30	31-45	46-60	61-80	81-105	106+